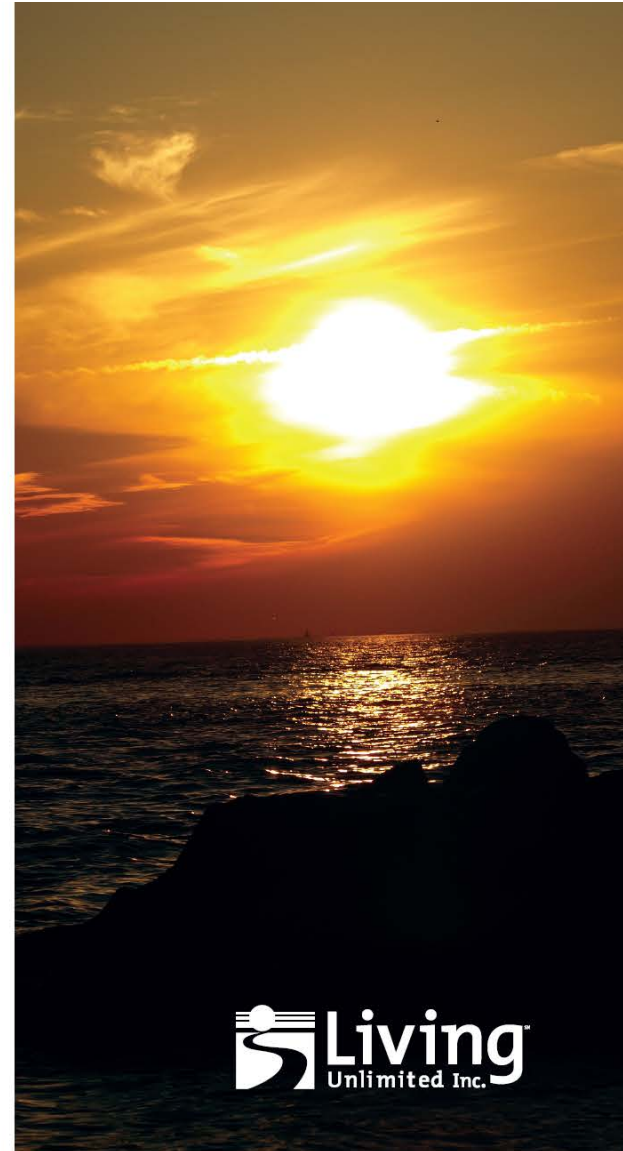




Welcome to Living Unlimited

Since 1986, Living Unlimited has assisted individuals with cognitive and/or physical impairments, including those with mental health issues, traumatic brain injury, intellectual disabilities, learning disabilities, and autism to name a few. Through our comprehensive community-based services we provide a holistic approach to support the individual needs of our clients to optimize their ability to function and flourish in their community and employment opportunities through:

- Vocational Rehabilitation
- Home and Community Habilitation
- Music Therapy



Service Initiation

Before any service can begin, each individual participates in an initial intake interview with Living Unlimited staff. This gives us an opportunity to obtain information about the needs and interests of the client while allowing us to share information about Living Unlimited.

After the initial meeting, our managers craft a unique service plan by blending the appropriate mix of services to assist each client with goal development. Individual rehabilitation plans consist of only those services needed for each client to reach his or her goals. In addition, the service level and intensity can be adjusted to meet specific client abilities and potentials.

Service Offerings

Our comprehensive vocational and community rehabilitation services include:

- Evaluation
- Job Facilitation
- Vocational and Community Adjustment Program (VCAP)
- Home and Community Integration
- Music Therapy

Evaluation

In order to set realistic client goals and make recommendations for services, we can conduct an evaluation using the following tools:

- *McCarron Dial System* - Helps predict each client's level of skills for work, school or independent living. Using neurometric and behavioral measure, the system examines skills in:
 - Verbal/cognitive
 - Sensory
 - Memory
 - Motor
 - Emotional
 - Integration/coping
 - Learning style preference
- *Community Based Work Assessment* - We observe individuals in real work environments to evaluate their ability to perform actual job tasks. Areas assessed include:
 - Work habits
 - Work skills
 - Self direction/motivation
 - Communication skills
 - Work site integration
 - Work support system

Job Facilitation

To help clients secure and maintain competitive employment, we offer job support to facilitate each individual's preparation for the workforce. First, the client performs various pre-vocational activities to ready themselves for their job search. This is followed by placement services to find the job best suited to each client's abilities. Finally regular follow-up support is provided to ensure placements are meeting client's needs. Each phase may consist of the following specific tasks:

Pre-Vocational Activities

- Assess work interests
- Identify work parameters
- Teach job-seeking skills
- Develop or update resume
- Prepare for interview (role play scenarios)

Placement and Coaching Activities

- Conduct job search
- Complete applications
- Schedule job interviews
- Facilitate placements
- Provide coaching and skills training
- Recommend job accommodations
- Establish transportation options
- Assist integration to work site
- Regular follow-up services

Vocational and Community Adjustment Program (V-CAP)

Unique to Living Unlimited, V-CAP provides a structured forum for enhancing skill development, social interaction, disability adjustment, peer support, and appropriate self-expression. Although conducted in a group setting, the structured activities guide each individual toward achieving specific goals.

V-CAP combines the clinical modality of music therapy with other interventions to positively improve clients' skills in the following areas:

- Memory
 - Attention
 - Organizational skills
 - Orientation
 - Following directions
 - Decision making
 - Problem solving
 - Comprehension
 - Task initiation
 - Impulse control
-

Home and Community Integration

Through our integration service we support goals of disability adjustment and integration into the family, home and community. Individual activities include:

- Life skills training
- Compensatory strategies development
- Service coordination
- Behavior change
- Family intervention
- School support
- Therapy extension
- Community access
- Music therapy

Music Therapy

Our music therapy program uses music to restore, improve and maintain physical, cognitive, social, and emotional health. Living Unlimited employs Board Certified Music Therapists who provide treatment in both individual and group settings at Living Unlimited facilities or in schools, homes and other community settings. Our staff is clinically trained to enhance many areas of functioning needed to promote positive change.

Quality Assurance

To ensure each client receives the best possible services, periodic team conferences are conducted to review each client's activity and discuss future services needed. Everyone with a positive interest in the rehabilitation process is welcome and encouraged to attend.

Take the First Step to Success

At Living Unlimited, we help each client explore a multitude of opportunities to achieve attainable goals and realize a brighter future.

For more information, or to refer someone who would benefit from our services, please call 1.800.310.7776
