

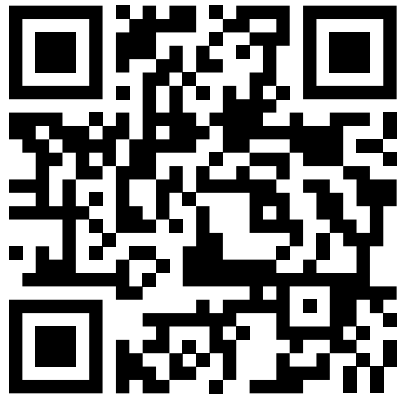
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Success is on the Horizon

A program for employment & community integration

# Welcome to Living Unlimited

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Since 1986, Living Unlimited has assisted individuals with cognitive and/or physical impairments, including those with mental health issues, traumatic brain injury, intellectual disabilities, learning disabilities, and autism to name a few. Through our comprehensive community-based services we provide a holistic approach to support the individual needs of our clients, which optimizes their ability to function and flourish in their community and achieve employment opportunities through:



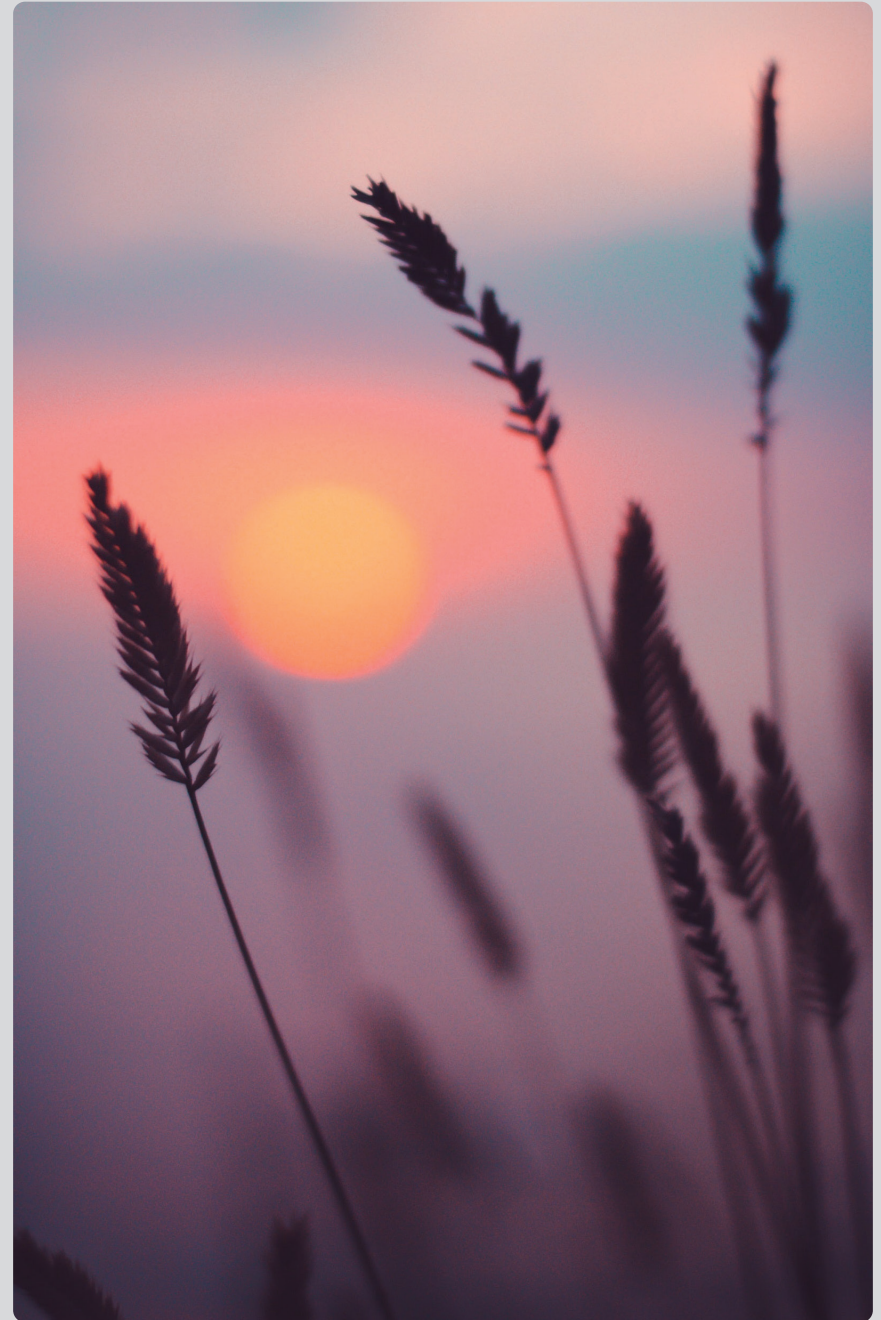
**Vocational  
Rehabilitation**



**Home & Community  
Habilitation**



**Music Therapy**





## Service Initiation

Before any service can begin, each individual participates in an initial intake interview with Living Unlimited staff. This gives us an opportunity to obtain information about the needs and interests of the client while allowing us to share information about Living Unlimited.

After the initial meeting, our managers craft a unique service plan by blending the appropriate mix of services to assist each client with goal development. Individual rehabilitation plans consist of only those services needed for each client to reach his or her goals. In addition, the service level and intensity can be adjusted to meet specific client abilities and potentials.

## Service Offerings

Our comprehensive vocational and community rehabilitation services include:



Evaluation



Home & Community Integration



Job Facilitation



Music Therapy



Vocational & Community Adjustment Program (VCAP)



Life Music



Vocational Transition Services

## Evaluation

In order to set realistic client goals and make recommendations for services, we can conduct an evaluation using the following tools:



### McCarron Dial System

Helps predict each client's level of skills for work, school or independent living. Using neurometric and behavioral measures, the system examines skills in:

- Verbal / Cognitive
- Sensory
- Memory
- Motor
- Emotional
- Integration/coping
- Learning style preference



### Community-Based Work Assessment

We observe individuals in real work environments to evaluate their ability to perform actual job tasks. Areas assessed include:

- Work habits
- Work skills
- Self direction/motivation
- Communication skills
- Work site integration
- Work support system

# Job Facilitation

To help clients secure and maintain competitive employment, we offer job support to facilitate each individual's preparation for the workforce. First, the client performs various pre-vocational activities to ready themselves for their job search. This is followed by placement services to find the job best suited to each client's abilities. Finally, regular follow-up support is provided to ensure placements are meeting client's needs. Each phase may consist of the following specific tasks:



## Pre-Vocational Activities

- Assess work interests
- Identify work
- Teach job-seeking skills parameters
- Develop or update resume
- Prepare for interview (role play scenarios)



## Placement & Coaching Activities

- Conduct job search
- Complete applications
- Schedule job interviews
- Facilitate placements
- Provide coaching & skills training
- Recommend job accommodations
- Establish transportation options
- Assist integration to work site
- Regular follow-up services



## Vocational & Community Adjustment Program (VCAP)

Unique to Living Unlimited, VCAP provides a structured forum for enhancing skill development, social interaction, disability adjustment, peer support, and appropriate self-expression. Although conducted in a group setting, the structured activities guide each individual toward achieving specific goals.



VCAP combines the clinical modality of music interventions with other interventions to positively improve clients' skills in the following areas:

- Memory
- Attention
- Organizational skills
- Orientation
- Following directions
- Decision making
- Problem solving
- Comprehension
- Task initiation
- Impulse control

# Home & Community Integration

Through our integration services we support goals of disability adjustment and integration into the family, home and community. Individual activities include:



Life Skills Training



School Support



Compensatory Strategies Development



Therapy Extension



Service Coordination



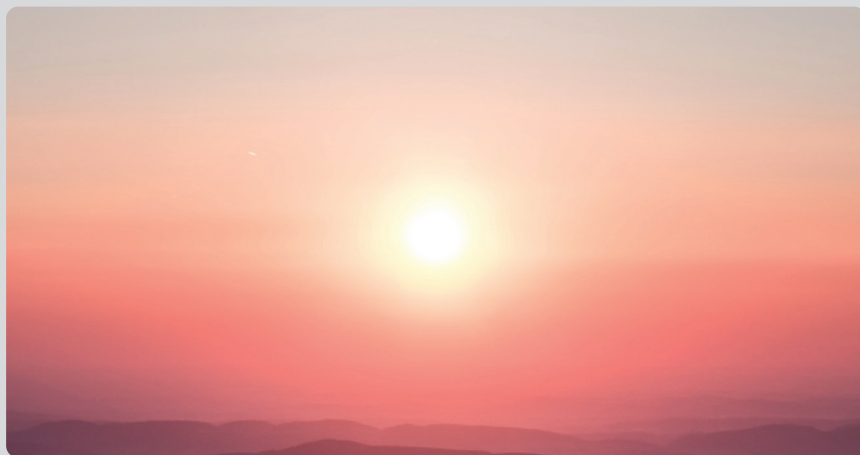
Community Access



Behavior Change



Family Intervention



## Music Therapy

Our music therapy program uses music to restore, improve and maintain physical, cognitive, social, and emotional health. Living Unlimited employs Board Certified Music Therapists who provide treatment in both individual and group settings at Living Unlimited facilities or in schools, homes and other community settings. Our staff is clinically trained to enhance many areas of functioning needed to promote positive change.



## Life Music

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Life Music involves participation in music experiences that are tailored to individual interests, for the purpose of enrichment, enjoyment, creativity, and to provide a meaningful social experience. Each group or individual supported through the Life Music program will gain experiences that are impactful to their own life through individualized services, planned with their unique preferences in mind.



## Vocational Transition Service

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To help prepare school-aged youth to transition from school to competitive employment, we offer both group and individualized support for vocational and community activities. Work site experiences, job shadow exploration, and classroom instruction are provided in collaboration with school districts, the Office of Vocational Rehabilitation, and employers to afford students the opportunity for job goal development and long term planning.

## Quality Assurance

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To ensure each client receives the best possible services, periodic team conferences are conducted to review each client's experience and progress and discuss future services needed. Everyone with a positive interest in the rehabilitation process is welcome and encouraged to attend.



## Take the First Step to Success

At Living Unlimited, we help each client explore a multitude of opportunities to achieve attainable goals and realize a brighter future.

**For more information, or to refer someone who would benefit from our services, please call (800) 310-7776**

